Canvey Island
Primary Care Network
Working better together

Canvey Conversations: Planning Ahead Together

A welcoming workshop for patients and families following a serious, life-limiting diagnosis

A safe space to talk, ask questions and plan ahead

Canvey Conversations: Planning Ahead Together offers a safe, supportive space to learn more about your condition, talk about what matters most to you, and access support at an early stage.

Whether you're a patient, family member or carer, you're welcome to join our GP-led workshop.

What you can expect

- Ask questions in a supportive environment
- Discuss any concerns, worries or uncertainties
- Gain a better understanding of your diagnosis, treatment and care options
- Access support for family members and carers
- Receive signposting to local services and community support

Workshop dates

Date	Time
Tuesday 17 November 2026	2pm to 5pm
Tuesday 15 December 2026	2pm to 5pm
Tuesday 19 January 2027	2pm to 5pm
Tuesday 16 February 2027	2pm to 5pm
Tuesday 16 March 2027	2pm to 5pm
Tuesday 20 April 2027	2pm to 5pm

Venue:
CAVS Office, Third Avenue Health Centre

More information at
www.canveypcn.nhs.uk/planning-ahead-together